

Tall Ships Races 2025



Ocean Youth Trust North is a charity based in the North of England specialising in the personal development of young people through the unique medium of ocean sailing. It offers a safe but exhilarating experience that changes lives and inspires futures.



Sail Training Vessel James Cook (OceanYouth Trust North)

Cruise from North Shields to Aberdeen (14-21 July) £770pp
Race from Aberdeen to Kristiansand, Norway (21 Jul – 1 Aug) £1320pp
Race from Kristiansand, Norway to Esbjerg, Denmark (1 Aug – 8 Aug) £880pp
Cruise from Esbjerg, Denmark to North Shields UK (8 Aug – 17 Aug) £990pp
(You will need to pay for travel to and from the boat and personal travel insurance)



Do I need to be able to sail?

*No, all training will be provided on board. You do **not** need any prior experience or specific levels of fitness. Ocean Youth Trust regularly works with young people with disabilities including those who are visually impaired or blind. If they can sail, so can you!*



Will I get seasick?

Possibly. Some people do, some don't. But it doesn't ruin the trip and only lasts for the first day or so. If you do get seasick, the staff on board will help you get over it as quickly as possible.

Do I need my own specialist equipment?

No, all safety equipment and wet weather clothing is provided on board. You will just need some warm clothes, sensible footwear and sleeping bag and pillow.

How old do I need to be?

16-17 years

What will I get out of the trip?

The trip is a great adventure and a challenge to sail a boat and its crew over 500 miles across the North Sea in company with other Tall Ships. You will take responsibility for all aspects of sailing an ocean-going yacht and acquire a range of transferable skills, some specific to sailing, that apply to your wider life and which you can mention when applying for a university place, an apprenticeship or in applications for employment.

You will visit ports in Norway and Denmark, be part of a team, make new friends and become a member of the Ocean Youth Trust North family.

Host ports will lay on organised activities such as BBQ's and other social events where you will have the opportunity to meet the crews of other vessels of different nationalities.

All in all, you will have a great time!

For more information or to apply please email development@oytnorth.org.uk or call 0191 257 1212



Ocean Youth Trust North is a Royal Yachting Association (RYA) approved sea school, a member of the Association of Sail Training Organisations (ASTO) an associate of RYA Sailability the national body for disabled sailing and a Duke of Edinburgh (DofE) approved activity provider.

The vessel is under the command of a commercially qualified skipper and mate in compliance with the Maritime & Coastguard Agency's Code of Practice for Sail Training Vessels

